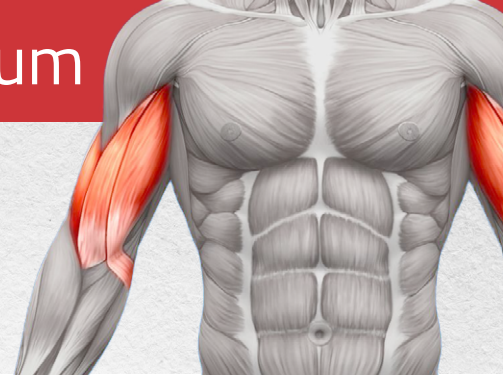


## Managing Frailty and Sarcopenia: Where Are We Today?

May 13th, 2025



### Programme

Moderators: Prof.Olivier Bruyère - Belgium

|             |                                                                                                                                                                                                                                                                                                                                                                       |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18:00-18:30 | <b>Definitions and Screening Tools for Frailty and Sarcopenia in Clinical Practice</b><br>Charlotte Beudart - Belgium                                                                                                                                                                                                                                                 |
| 18:30-19:00 | <b>The Role of Physical Activity in Frailty and Sarcopenia</b><br>Ivan Bautmans - Belgium                                                                                                                                                                                                                                                                             |
| 19:00-19:30 | <b>Evidence-Based Associations Between Frailty, Sarcopenia, and Malnutrition</b><br>Dolores Sanchez-Rodriguez - Belgium                                                                                                                                                                                                                                               |
| 19:30-20:00 | <b>Nutritional interventions for sarcopenia</b><br>Evelien Gielen - Belgium                                                                                                                                                                                                                                                                                           |
| 20:00-21:00 | <b>Nutricia Satellite Symposium : Advancing Sarcopenia Treatment</b><br><br>Welcome – Deborah Maes, Medical Affairs Manager Nutricia<br>Sarcopenia and geriatric rehabilitation – Laure Verstraeten<br>Clinical evidence Fortifit – Yvette Luiking, Senior team leader sarcopenia, Nutricia<br>Questions and closing – Deborah Maes, Medical Affairs Manager Nutricia |

### Registration

| Category                    | Registration |
|-----------------------------|--------------|
| Non Member                  | 50,00 €      |
| PhD students                | 25,00 €      |
| Bachelor or Master Students | Free         |
| BAMS Member                 | Free         |

Register here

<https://humacom.typeform.com/to/oHLsnIMJ>

Président/ Voorzitter : Olivier Bruyère, Santé Publique, Épidémiologie et Économie de la Santé, Université de Liège, CHU – Sart Tilman, Quartier Hôpital – Avenue Hippocrate 13, 4000 Liège  
Secrétaire Général/Secretaris-generaal : Ivan Bautmans, Gerontology (GERO) & Frailty in Ageing research (FRIA) departments, Vrije Universiteit Brussel, Laarbeeklaan 103, 1090 Brussels  
Trésorière/Penningmeester : Evelien Gielen, Dienst Geriatrie & Centrum voor Metabole Botziekten, UZ Leuven, Campus Gasthuisberg, Herestraat 49, 3000 Leuven

