



#### **4<sup>th</sup> Annual Scientific Symposium:**

**“The Ageing Muscle-Bone Unit: epidemiology, pathophysiology and management”**

Moderator: Olivier Bruyère

**Wednesday 20<sup>th</sup> November 2019**

#### Programme

18h00 – 18h05	Welcome	Ivan BAUTMANS Vrije Universiteit Brussel (VUB)
18h05 – 18h25	The Epidemiology of Muscle-Bone Ageing	Médéa LOCQUET University of Liège
18h25 – 18h30	Discussion	
18h30 – 18h50	The Ageing Tendon	Peter MAGNUSSON Institute of Sports Medicine Copenhagen, Denmark
18h50 – 19h00	Discussion	
19h00 – 19h20	The role of muscle and bone in age-related thoracic hyperkyphosis	Jeroen DEMARTEAU Frailty in Ageing research group, Vrije Universiteit Brussel (VUB)
19h20 – 19h30	Discussion	
19h30 – 19h50	The effects of muscle exercise on ageing bone	Sabine VERSCHUEREN Department of Rehabilitation Sciences, KU Leuven
19h50 – 19h55	Discussion	
19h55 – 20h00	Conclusion	Evelien GIELEN Geriatric Department, KU Leuven

Walking buffet from 20h to 21h.

Registration is mandatory via our email address: [spees@uliege.be](mailto:spees@uliege.be)

- **BAMS** Members : free admittance
- Non-members : 50€
- Students : 15€

Place : Brussels Health Campus of the Vrije Universiteit Brussel (VUB) - Laarbeeklaan 103, B-1090 Brussels, Belgium

**Accreditation Pro-Q Kiné: in process**  
**Accreditation INAMI/RIZIV: in process**

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